

iTENNIS at ANDULKA PARK TENNIS CENTER

JUNIOR TENNIS ACADEMY

SPRING SESSION I 2013 – TENNIS LESSONS

February 24 – April 20, 2013 (8 Weeks)



City of Arts & Innovation

You may register and pay for the entire 8-week Spring Session I to attend once per week, or 2 or 3 times per week (if offered). **There are no refunds on classes. Missed classes may be made up during the current session provided that 24 hour notice is given that the class will be missed. All make-ups must be completed before the end of the current session.** However, if you have registered and paid for the maximum number of days/times offered, you may make up a missed class the following session, provided advanced notice is given. **The age range for each class is a guideline. Skill level, instead of age, may determine which class a student is placed in. This will be determined by the instructor.** Classes will be held at regularly scheduled times on the following national holidays: Martin Luther King Day, President's Day, Memorial Day, 4th of July, Labor Day. Classes will also be held at regularly scheduled times during the Summer Junior Tennis Camps. Classes will not be held on Thanksgiving Day, Christmas Day or New Year's Day.

FUTURE STARS (Ages 4-6) – Mon. 4:30-5:30pm Sat. 8:30-9:30am

Lower bouncing, soft, squishy tennis balls and mini nets will be used on a 36' court. Emphasis will be on learning tennis terminology, the basic strokes, playing games and having fun. The QuickStart 36 Tennis format will be used.

8 & UNDER TENNIS (Ages 6-8) – Mon. 4:30-5:30pm Sat. 8:30-9:30am

Lower bouncing balls and mini nets will be used on a 36' court. Beginning students will learn tennis terminology, the basic strokes and will play games. More advanced students will also begin basic point play with serves and modified scoring, in preparation for Junior Team Tennis league play. Having fun is a priority.

10 & UNDER TENNIS (Ages 8-10) - Mon. 5:30-6:30pm Wed. 5:30-6:30pm Sat. 9:30-10:30am

Lower bouncing balls will be used on a 60' court, using the QuickStart 60 Tennis format. Players will learn the basic strokes, grips, basic rules of tennis and scoring. Players will be introduced to basic strategy and tactics. This class will prepare players for Junior Team Tennis league play and Novice Tournament play. A fun, game-filled environment is a priority.

BEGINNER (Ages 10-14) Tues. 4:00-5:30pm Thurs. 4:00-5:30pm Sun. 9:00-10:30am

In this class, players will learn the lines, grips, basic rules of tennis and all the basic strokes, using the full-size tennis court and regulation tennis balls. Players with previous experience will continue with basic stroke production. Players will begin basic point play with real tennis scoring and play modified rules games. Players should be able to get serves in and rally from the baseline successfully. This class will prepare players for Junior Team Tennis league play and Novice Tournament play.

Note: Class will not be held on Thanksgiving Day (Thursday) – students should come to a Tuesday or Sunday class as a make-up day.

INTERMEDIATE – (Ages 11-17) Tues. 4:30-6:00pm Thurs 4:30-6:00pm

HIGH SCHOOL PREP – (Ages 14-17) Tues. 4:30-6:00pm Thurs 4:30-6:00pm

Players in these two classes should be able to play regular sets and matches, and be involved in Junior Team Tennis and/or Satellite tournament play. Players will learn advanced shots, grips and footwork, the different types of spins, and will begin to use angles. Basic singles and doubles strategies and tactics will be covered. Introduction to tournaments and good sportsmanship.

Note: Class will not be held on Thanksgiving Day (Thursday) – students should come to a Tuesday class as a make-up day.

HIGH SCHOOL INTRO – (Ages 14-18) Wed. 4:00-5:30pm

This class is for middle school and high school kids who are "first-timers" who have never played tennis or have limited on-court experience. Players will learn the basics of stroke production, score keeping and how to play the game.

ACADEMY PREP – (Ages 11-17) Mon. 4:00-6:00pm Wed. 4:00-6:00pm Fri. 4:00-6:00pm

This class is for advanced intermediate players who are at the Satellite tournament level or high school varsity or junior varsity level. Players should have established strokes, well-rounded games and be very motivated and committed to improve their games enough to be promoted, at some point, into Academy Elite. Tournament play is a requirement. **Players must register for and attend either 2 or 3 times per week. All players must also attend the 2 special Prep/Elite combined sessions on Sunday, March 17 and Sunday, April 21 (3:00-6:00pm) Acceptance into Academy Prep must be approved by the Director of Tennis.**

ACADEMY ELITE (Ages 13–18) Sun. 3:00-6:00pm

Players should have SCTA junior rankings and/or should be high quality high school varsity players. Players will learn patterns of play and percentage tennis, exploiting weaknesses, building a game plan and concentration techniques with continued emphasis on proper technique. Players will learn to develop their own style of play and focus on advanced footwork and conditioning. Players will learn all-court tactics and will build their game around a strong weapon. Offensive and defensive tactics will be covered. Each session will have drills and competitive play. **Acceptance into Academy Elite must be approved by the Director of Tennis.**